

**Age limitations are as follows:**

80m		4-9, masters
200m		7 yrs
400m	10 yrs	
800m	8 yrs	
1500m	10 yrs	
3000m	12 yrs	
Long Jump	No Limit	
Triple Jump	12 yrs	
High Jump (Scissors)		8 yrs
High Jump (Flop)	11 yrs	
Shot Put	No Limit	
Discus	No Limit	
Turbo Jav	8 -11 yrs	
Javelin	12 yrs	
Hammer	12 yrs	

**Carnival Rules**

1. Athletes must be registered with ANQ/QLA/QA/IAAF/AA or QM. Athletes **not** affiliated with any Athletic Club will be required to complete a Day Registration Form on arrival to cover them for insurance for the weekend and pay a fee of \$25.
2. Athletes must compete in correct club or school uniform. Temporary numbers will be provided for unattached athletes. These must be worn on the front and back of the athlete's shirt.
3. Athletes compete in age as at 31 December 2018, except for Masters. Masters weights are based on age on day. Athletes may compete in the next age up if an event is not offered in their own age group and in open events if they feel they can keep up to open standards.

**In all cases, age limitations will apply.**

4. Athletes competing in Hammer throw will need a coach's declaration stating their competence at hammer throw. Declarations to be emailed to Emerald Athletics Club by Friday 8<sup>th</sup> June.
5. Minimum age of athletes is 4 years, having turned 4 by 31 December 2018.
6. Nomination fees:
  - General Athlete - \$7.00 per event.
  - 9 yrs & under - \$20.00. Athletes receive a participation medal and place ribbons.
  - Masters - \$25.00. Athletes receive a participation gift.
7. No late nominations for any track events will be accepted after 11:00am Saturday 16th June.
8. **Nominations close Friday 8th June.** Late nominations will not be included in the programme.
9. For enquiries phone  
President (Cathy) 4987 5561  
Carnival Coordinators (Louise) 0429 966 634

10. All prices are GST inclusive and non-refundable.

# 2018 C.H. Track and Field Carnival



***"Be Your Personal Best"***

**16<sup>th</sup>-17<sup>th</sup> June**

**Marist College Oval  
Jeppeson Drive, Emerald  
Emerald**

[www.emeraldathletics.org.au](http://www.emeraldathletics.org.au)



If not nominating online via OneSport,  
please email nomination form to  
**HYPERLINK**  
"mailto:emeraldathletics4720@gmail.  
com"  
[emeraldathletics4720@gmail.com](mailto:emeraldathletics4720@gmail.com)

Cash and cheque payments to be made  
before 9.00am Saturday 16<sup>th</sup> June at the  
Carnival.

**Track and Field Officials  
Meeting at 8.30am  
Saturday**

**First event commences  
9.00am Saturday**

**Club President**

Cathy Chapman  
Ph 4987 5561

**Carnival Coordinators**

Louise Hewitt -  
Ph 0429 966 634  
Carmel Berry -  
Ph 0447 714 093

[emeraldathletics4720@gmail.com](mailto:emeraldathletics4720@gmail.com)

**Cheques payable to:**


*"Emerald and District Athletics Assoc."*

***No direct banking available***

*Office Use only:*

Receipt No.....

Paid – OneSport /Cash / Cheque

<b>C.H. Track and Field 2018</b>  <i>"Be Your Personal Best"</i> <b>Emerald &amp; District Athletics Assoc. Inc.</b>	6 & Under	7 years	8 years	9 years	10 years	11 years	12 years	13 years	14 years	15 years	Under 18 (16 & 17 yrs)	Open (18 to 29 yrs)	Masters
	60m												
80m													
100m													
200m													
400m													
800m													
1500m													
3000m													
Long Jump													
High Jump (Flop 11yrs +)													
Triple Jump													
Shot Put													
Discus													
Turbo Jav													
Javelin													
Hammer													

**PLEASE NOTE:**  
**No late nominations for track events will be accepted after 11:00am Saturday 16<sup>th</sup> June. Refer to Carnival Rules on reverse.**

..... events @ \$7.00 each

Masters Athletes- unlimited events \$25.00  
 \$.....  
 (Masters will receive a gift not medals)

Day Registration for unattached athletes \$25.00  
 \$.....  
 (See Note Above)

\$..... Total

**All nomination fees are non-refundable.**

Athletics North Queensland Age Limitations and Event Specifications apply.  
 Competition will be conducted according to the IAAF and WAMA Rules and Regulations.

**Nominations close Friday 8th June.**

**Contacts**

**Full Name:**.....  
**Male / Female**

**Club:**.....  
 .....

**Note-** If you are not a registered member of an Athletics club please write "Unattached" and complete a Day Registration Form on arrival at the carnival.  
 A \$25 fee applies to cover insurance for the weekend.

**Telephone:**.....  
 .....

**Date of Birth:**..... **Age as at 31/12/2018:**.....

Programs \$6.00 each  
 \$.....

9 yrs & under unlimited events \$20.00  
 \$.....