

OCEANIA CHAMPIONSHIP RECORDS AS AT January 2018

Records set in 2018 shown in red. Adjustments to previous years shown in green

Records set with current equipment specifications. Womens records set with 400g Javelin are archived at the foot of the spreadsheet until the individual event distance or the combined event score is beaten

MEN					WOMEN					
Event	Name	Performance	Year	Wind	Event	Name	Performance	Year	Wind	
60m					60m					
M30	Travis Venema	AUS	7.19	2008	W30	Helna Dinissen	NZL	8.21	2018	1.1
M35	Travis Venema	AUS	7.40	2010	W35	Ranell Hobson	AUS	8.16	2008	
M40	Greg Smith	AUS	7.30	2012	W40	Ranell Hobson	AUS	8.25	2014	-3.6
M45	John Campbell	NZL	7.65	2012	W45	Marie Kay	AUS	8.41	2008	
M50	Stephen Jones	AUS	7.83	2015	W50	Gianna Mogentale	AUS	8.39	2015	1.5
M55	Bruce Solomon	NZL	8.04	2018	W55	Liz Wilson	NZL	8.54	2018	1.7
M60	Paul Turner	AUS	8.09	2014	W60	Lynne Choate	AUS	9.27	2014	-0.2
M65	Neville McIntyre	AUS	8.36	2008	W65	Wilma Perkins	AUS	9.52	2015	1.9
M70	Trevor Guptill	AUS	8.79	2018	W70	Margaret Peters	NZL	10.01	2008	
M75	David Clive	AUS	9.33	2015	W75	Margaret Peters	NZL	10.61	2010	-1.6
M80	Norm Windred	AUS	9.89	2008	W80	Margaret Peters	NZL	11.35	2014	-2.1
M85	Maurice Dauphinet	AUS	11.12	2012	W85	Clasina van der Veeken	NZL	15.00	2018	-0.3
M90	James Sinclair	AUS	12.41	2015						
100m					100m					
M30	Travis Venema	AUS	11.40	2008	W30	Beverly Peterson	NZL	12.41	1990	
M35	Paul Makakaufaki	TON	11.49	2012	W35	Wendy Brown	NZL	12.71	1990	
M40	Brendon Wilson	AUS	11.20	1984	W40	Julie Brims	AUS	12.54	2006	
M45	Reg Austin	AUS	11.40	1982	W45	Marie Kay	AUS	13.16	2006	
M50	Bruce McPhail	NZL	12.12	1990	W50	Gianna Mogentale	AUS	13.29	2014	0.0
	Hans van Bavel	AUS	12.12	2002						
M55	Alan Hill	NZL	12.30	1982	W55	Liz Wilson	NZL	13.49	2018	1.7
	Rudi Hochreiter	AUS	12.30	1984						
M60	Laurence Malcolmson	NZL	12.67	2010	W60	Shirley Peterson	NZL	15.05	1990	
M65	Neville McIntyre	AUS	13.19	2008	W65	Wilma Perkins	AUS	15.43	2015	1.7
M70	Hugh Coogan	AUS	13.85	2006	W70	Margaret Peters	NZL	15.88	2006	
M75	Rudi Hochreiter	AUS	15.34	2002	W75	Margaret Peters	NZL	16.95	2010	-0.1
M80	Mike Johnston	AUS	15.61	2002	W80	Margaret Peters	NZL	19.20	2014	-3.1
M85	Ron Johnson	NZL	20	2018						
M90	James Sinclair	AUS	21.02	2015						
M95	Eric de Lautour	NZL	28.35	2015						
200m					200m					
M30	Adam Farlow	AUS	22.46	2014	W30	Wilma Perkins	AUS	25.80	1984	
M35	Max Warlow	AUS	22.80	1984	W35	Eileen Hindle	AUS	25.70	1984	
M40	Brendon Wilson	AUS	22.80	1984	W40	Julie Brims	AUS	26.15	2006	
M45	Reg Austin	AUS	22.60	1984	W45	Marie Kay	AUS	26.55	2006	
M50	Hans van Bavel	AUS	24.41	2002	W50	Gianna Mogentale	AUS	26.69	2014	1.5
M55	Rob Mayston	AUS	25.20	2014	W55	Liz Wilson	NZL	28.16	2018	1.7
M60	Laurence Malcolmson	NZL	26.11	2010	W60	Ann Cooper	AUS	30.79	1990	
M65	Colin Buyers	AUS	26.20	2008	W65	Jeanette Flynnne	AUS	30.55	2018	0.6
M70	Hugh Coogan	AUS	28.10	2006	W70	Margaret Peters	NZL	33.50	2006	
M75	David Trantrill	AUS	29.89	2014	W75	Margaret Peters	NZL	36.77	2010	0.2
M80	Mike Johnston	AUS	32.49	2002	W80	Margaret Peters	NZL	40.27	2014	1.5
M85	Jim Sinclair	AUS	39.08	2012						
M90	James Sinclair	AUS	46.79	2015						
M95	Eric de Lautour	NZL	59.96	2015						
400m					400m					
M30	Jay Stone	AUS	48.72	2012	W30	Marissa Stephen	NZL	57.79	2002	
M35	Max Warlow	AUS	50.80	1984	W35	Marge Allison	AUS	58.50	1984	
M40	Brendon Wilson	AUS	51.70	1984	W40	Suzy Cole	AUS	59.13	2012	
M45	Peter Crombie	AUS	52.75	1990	W45	Marie Kay	AUS	59.27	2006	
M50	Tom Roberts	AUS	55.60	1984	W50	Gianna Mogentale	AUS	62.62	2014	
M55	Rob Mayston	AUS	56.02	2014	W55	Liz Wilson	NZL	65.54	2018	
M60	John Lamb	AUS	58.32	2012	W60	Jeanette Flynn	AUS	68.94	2014	
M65	Hugh Coogan	AUS	61.15	2004	W65	Jeanette Flynn	AUS	69.01	2018	
M70	Hugh Coogan	AUS	62.28	2006	W70	Marge Allison	AUS	79.76	2006	

M75	Colin Woods	AUS	74.12	2012							
M80	Mike Johnston	AUS	75.64	2002							
M85	Eric de Lautour	NZL	89.82	2006							
M90	James Sinclair	AUS	2:04.37	2015							
M95	Eric de Lautour	NZL	2:44.23	2015							
800m											
M30	Brayden Grant	NZL	1:59.77	2018							
M35	Charles Macek	AUS	2:00.0	1984							
M40	Brian Turnbull	NZL	1:58.6	1998							
M45	Ian Babe	NZL	2:00.5	1984							
M50	Tom Roberts	AUS	2:00.7	1984							
M55	Derek Turnbull	NZL	2:06.6	1982							
M60	George McGrath	AUS	2:17.9	1982							
M65	Jack Stevens	AUS	2:22.9	1982							
M70	Kevin Soloman	AUS	2:36.33	2018							
M75	Max Brook	AUS	03:00.0	2012							
M80	Mike Johnston	AUS	3:27.3	2002							
M85	Eric de Lautour	NZL	3:37.99	2008							
M95	Eric de Lautour	NZL	06:29.6	2015							
1500m											
M30	Brendan Whelan	AUS	04:07.7	2006							
M35	Charles Macek	AUS	04:06.1	1984							
M40	Alan Bradford	AUS	04:07.0	1982							
M45	Ian Babe	NZL	04:12.7	1984							
M50	Andrew Stark	NZL	4:18.10	2008							
M55	Ron Robertson	NZL	04:23.9	1998							
M60	Bert Carse	AUS	04:43.0	2002							
M65	Ron Robertson	NZL	4:54.99	2008							
M70	Peter Sandery	AUS	5:23.64	2012							
M75	Peter Sandery	AUS	6:12.47	2018							
M80	Norm Pearce	AUS	07:43.0	2006							
M85	Eric de Lautour	NZL	07:03.4	2006							
M90	Eric de Lautour	NZL	12:23.87	2012							
M95	Eric de Lautour	NZL	14:06.88	2015							
5000m											
M30	Brendan Whelan	AUS	15:25.5	2006							
M35	Gary Hand	AUS	15:00.3	1984							
M40	Paul Sumpter	NZL	15:07.9	1990							
M45	Graham Tattersall	NZL	15:55.2	1990							
M50	Allan Davis	NZL	16:17.0	1990							
M55	Ron Robertson	NZL	16:06.0	1998							
M60	Trevor Ogilvie	NZL	17:36.34	2012							
M65	Colin McLeod	AUS	18:13.1	2002							
M70	Peter Sandery	AUS	19:24.62	2012							
M75	Win Nelmes	NZL	22:45.0	1990							
M80	Don Edmundson	NZL	28:54.5	2000							
M85	Eric de Lautour	NZL	26:51.3	2006							
110m Hurdles (0.991m)											
M30	Brad Osborne	AUS	16.95	2008							
M35	Albert Miller	FIJ	15.20	1994							
M40	Joe Rodan	FIJ	16.70	1994							
M45	Ken Priestley	AUS	17.40	1984							
100m Hurdles (0.914m)											
M50	Peter Collins	AUS	16.78	2002							
M55	Clay Tompkins	AUS	16.14	2008							
100m Hurdles (0.840m)											
M60	Harry Giles	AUS	16.56	2008							
M65	Micheal Stephenson	AUS	17.34	2008							
80m Hurdles (0.762m)											
M70	Donald Chambers	AUS	14.81	2010	0.6						
M75	Donald Chambers	AUS	18.44	2014	0.7						
80m Hurdles (0.686m)											
M80	Max McKay	AUS	24.00	2004							
400m Hurdles (0.914m)											
800m											
W30	Salome Tabuatalei	FIJ	2:23.2	1994							
W35	Christine Sole	NZL	2:13.8	1982							
W40	Suzy Cole	AUS	2:13.65	2012							
W45	Cris Penn	AUS	2:27.3	2006							
W50	Maggie Chorley	NZL	2:28.09	2018							
W55	Louisa Abram	AUS	2:31.44	2018							
W60	Jeanette Flynn	AUS	2:40.31	2014							
W65	Jeanette Flynn	AUS	2:45.36	2018							
W70	Lavinia Petrie	AUS	3:12.35	2014							
W75	Myrtle Rough	NZL	3:52.41	2018							
W80	Shirley Brasher	AUS	4:54.39	2008							
1500m											
W30	Salome Tabuatalei	FIJ	04:55.2	1994							
W35	Tina Faulkner	NZL	4:37.66	2018							
W40	Suzy Cole	AUS	4:32.93	2012							
W45	Meghann Stewart	NZL	5:07.64	2014							
W50	Sally Gibbs	NZL	4:48.49	2018							
W55	Louisa Abram	AUS	4:59.36	2018							
W60	Kathy Sims	AUS	5:42.22	2012							
W65	Lavinia Petrie	AUS	5:58.89	2012							
W70	Lavinia Petrie	AUS	6:06.00	2014							
W75	Myrtle Roufg	NZL	7:37.46	2018							
W80	Clasina Van Der Veeken	NZL	10:48.55	2014							
5000m											
W30	Robyn Stansfield	NZL	18:38.2	1998							
W35	Karen Gobby	AUS	17:07.7	1990							
W40	Dot Browne	AUS	17:32.0	1984							
W45	Sally Gibbs	NZL	16:53.78	2012							
W50	Margaret Orman	NZL	19:19.0	1992							
W55	Louisa Abram	AUS	18:44.52	2018							
W60	Kathy Sims	AUS	20:56.69	2012							
W65	Lavinia Petrie	AUS	21:08.79	2012							
W70	Lavinia Petrie	AUS	21:53.63	2014							
W75	Shirley Brasher	AUS	30:26.2	2002							
100m Hurdles (0.840m)											
W30	Terry Genge	NZL	15.37	1990							
W35	Eileen Hindle	AUS	14.70	1984							
80m Hurdles (0.762m)											
W40	Marie Kay	AUS	13.10	2004							
W45	Marie Kay	AUS	12.34	2008							
80m Hurdles (0.762m)											
W50	Marie Kay	AUS	13.14	2012	1.3						
W55	Brenda Parkinson	AUS	14.60	1992							
80m Hurdles (0.686m)											
W60	Margaret Taylor	AUS	15.35	2008							
W65	Lois Anderson	NZL	18.44	2012	0.9						
W70	Fran Harris	AUS	20.71	2012	0.9						
400m Hurdles (0.762m)											

M30	George Jankowski	AUS	65.30	1996		W30	Helena Dinnissen	NZL	69.92	2018	
M35	Geoff Gibbons	AUS	60.11	2012	-0.4	W35	Kerrie Macey	AUS	72.55	1990	
M40	Ernest Kemplay	AUS	60.30	1984		W40	Suzy Cole	AUS	71.06	2012	-0.2
M45	Chris Strange	NZL	64.01	1998		W45	Marie Kay	AUS	64.70	2006	
400m Hurdles (0.840m)											
M50	Neil Fowler	AUS	63.67	2002							
M55	Hans Meisebach	AUS	66.60	1984							
300m Hurdles (0.762m)											
M60	John Lamb	AUS	46.87	2012	-0.5	W50	Michele Hossack	AUS	49.91	2014	
M65	Richard Trembath	AUS	50.28	2008		W55	Wilma Perkins	AUS	58.90	2006	
300m Hurdles (0.686m)											
M70	Donald Chambers	AUS	55.12	2008		W60	Gail Kirkman	NZL	55.05	2015	
M75	Stewart Foster	NZL	61.26	2014		W65	Gail Kirkman	NZL	56.94	2018	
M80	Max McKay	AUS	78.74	2004							
200m Hurdles (0.686m)											
M80	Stewart Foster	NZL	51.32	2018	-0.8	W70	Marge Allison	AUS	39.37	2012	-0.8
3000m Steeplechase (0.914m)											
M30	Gilles Brouilaud	PYF	11:40.97	2010		W30	Linda Reynolds	NZL	08:36.5	1998	
M35	Bruce Meder	NZL	09:48.8	1990		W35	Vicky Adams	NZL	07:48.0	1992	
M40	Euan Robertson	NZL	09:37.3	1990		W40	Suzy Cole	AUS	7:17.92	2012	
M45	Ron Robertson	NZL	09:51.4	1990		W45	Judith Stewart	NZL	07:51.3	1998	
M50	Alan Bradford	AUS	10:44.0	1992		W50	Margaret Orman	NZL	08:12.1	1994	
M55	Ron Robertson	NZL	10:11.6	1998		W55	Loris Reed	NZL	08:34.8	2004	
2000m Steeplechase (0.762m)											
M60	Trevor Ogilvie	NZL	7:13.03	2012		W60	Margaret Saunders	AUS	9:28.99	2014	
M65	Ron Robertson	NZL	7:18.10	2008		W65	Loris Reed	NZL	10:00.33	2015	
M70	Peter Sandery	AUS	8:25.78	2012		W70	Gillian Young	AUS	10:03.49	2018	
M75	Dave Eastwood	NZL	09:40.4	2015		W75	Clasina van der Veeken	NZL	13:35.8	2008	
M80	Max McKay	AUS	11:44.4	2004		W80	Clasina van der Veeken	NZL	14:57.42	2012	
3000m Track Walk											
M30						W30	Justijana Roseman	AUS	15:37.38	2008	
M35	Peter Bennett	AUS	14:28.0	1994		W35	Judith Johnson	AUS	16:02.7	1982	
M40	Dean Nipperess	AUS	13:10.82	2012		W40	Annette Major	AUS	15:32.2	2006	
M45	Mark Donahoo	AUS	13:54.8	2006		W45	Pam Tindal	AUS	15:45.53	2008	
M50	Michael Harte	NZL	13:55.9	2006		W50	Staunton-Jjugovic	AUS	15:41.80	2014	
M55	Mike Parker	NZL	14:00.73	2012		W55	Pam Tindal	AUS	15:28.33	2015	
M60	George White	AUS	15:18.74	2008		W60	Heather Carr	AUS	15:45.20	2012	
M65	George White	AUS	15:44.53	2010		W65	Heather Carr	AUS	17:04.84	2015	
M70	George White	AUS	16:41.63	2015		W70	Jacqueline Wilson	NZL	18:27.80	2018	
M75	Colin Hainsworth	AUS	20:38.4	2006		W75	Daphne Jones	NZL	21:16.04	2018	
M80	Richard Keatinge	AUS	21:00.0	2006		W80	Nan Jeffrey	AUS	24:00.0	1990	
M85	Bill Empey	AUS	24:08.0	1982							
5000m Track Walk											
M30	Rodney Gillum	NZL	27:00.4	1998		W30	Justijana Roseman	AUS	26:32.9	2008	
M35	Kevin Taylor	NZL	23:12.6	1990		W35	Gabrielle Gorst	NZL	23:49.0	2002	
M40	Frank Clark	AUS	22:37.0	1984		W40	Annette Major	AUS	27:00.5	2006	
M45	John Smith	AUS	22:32.0	1984		W45	Pam Tindall	AUS	27:03.1	2008	
M50	Michael Harte	NZL	24:31.9	2006		W50	Staunton-Jugovic	AUS	27:15.97	2014	
M55	Gary Little	NZL	22:14.9	1998		W55	Heather Carr	AUS	26:21.4	2006	
M60	Theo Orr	AUS	25:48.0	1984		W60	Heather Carr	AUS	27:18.93	2010	
M65	George White	AUS	26:47.54	2010		W65	Heather Carr	AUS	28:57.97	2015	
M70	Tom Daintry	AUS	28:22.0	1984		W70	Jean Albury	AUS	31:45.1	2002	
M75	Tom Daintry	AUS	30:33.0	1990		W75	Daphne Jones	NZL	36:41.40	2018	
M80	Tom Daintry	AUS	33:57.0	1992		W80	Christianne Duaphinet	AUS	39:24.83	2012	
M85	Gus Theobald	AUS	33:53.0	1984							
10k Road Walk (Best Performances)											
M30	Rodney Gillum	NZL	55:25	1998		W30	Kylie Bonney	AUS	53:01	2002	
M35	Peter Bennett	AUS	52:14	1994		W35	Gabrielle Gorst	NZL	48:47	2002	
M40	Dean Nipperess	AUS	47:31	2012		W40	Jane Jackson	NZL	55:52	1990	
M45	Gary Little	NZL	45:34	1990		W45	Marlene Robb	AUS	55:55	1994	
M50	Michael Harte	NZL	50:37	2006		W50	Staunton-Jugovic	AUS	56:34	2014	
M55	Gary Little	NZL	45:39	1998		W55	Heather Carr	AUS	54:01	2006	
M60	Jack Tregurtha	NZL	53:53	1998		W60	Sandy Brunner	AUS	57:27	2006	
M65	Andrew Jamieson	AUS	52:55	2014		W65	Sandy Brunner	AUS	61:26	2008	

M70	Ralph Bennett	AUS	59:24	2014
M75	Colin Hainsworth	AUS	67:43	2006
M80	Tom Daintry	AUS	69:01	1992
M85	Colin Silcock-Delany	AUS	1:36:21	2018
M90	Peter Tearle	NZL	1:49:54	2018

Half Marathon (Best Performances)

M30	Frederic Burquier	PYF	1:12.32	2010
M35	Brendan Whelan	AUS	1:15.18	2010
M40	Tony Price	NZL	1:12:44	1998
M45	Georges Richmond	PYF	1:13.05	2010
M50	David Elward	AUS	1:17:32	2002
M55	Russell Jenkins	AUS	1:21:05.4	2018
M60	Colin McLeod	AUS	1:19:28	1998
M65	Colin McLeod	AUS	1:22:25	2002
M70	Colin McLeod	AUS	1:31.58	2008
M75	Irwin Barrett-Lennard	AUS	1:44:11	2006
M80	Bill Page	AUS	2:23:25	2014

Javelin (800g current specifications)

M30	Daniel Brown	AUS	47.60	2008
M35	Ezehiel Rangi	SOL	52.34	2015
M40	Joe Bradley	NZL	54.59	1998
M45	John Kay	AUS	52.26	2008

Javelin (700g from 2000)

M50	Nigel Stainton	NZL	52.44	2012
M55	Bob Banens	AUS	51.44	2006

Javelin (600g current specifications)

M60	Bob Banens	AUS	48.74	2010
M65	Tom Hancock	AUS	40.02	2002

Javelin (500g from 2000)

M70	Guy Quartermain	AUS	36.51	2012
M75	Aivars Pavulins	AUS	29.97	2000

Javelin (400g from 2000)

M80	Dave Scratton	NZL	26.51	2000
M85	Ron Johnson	NZL	24.77	2018
M90	Max McKay	AUS	10.22	2014

Hammer (7.26kg)

M30	Brentt Jones	NFI	48.86	2000
M35	Ricard Meiring	AUS	59.00	2014
M40	Frederic Cassier	NCL	50.14	1992
M45	Mark Cumming	NZL	46.97	2012

Hammer (6kg)

M50	Ken Readwin	AUS	48.62	1994
M55	Mark Cumming	NZL	49.52	2018

Hammer (5kg)

M60	Kevin Bradley	NZL	46.74	2008
M65	Laurie Devlin	NZL	45.33	2002

Hammer (4kg)

M70	Laurie Devlin	NZL	44.54	2006
M75	Ken Priestley	AUS	33.86	2014

Hammer (3kg)

M80	Wim Van Weenen	AUS	36.47	2014
M85	Ron Johnson	NZL	25.07	2018
M90	Max MacKay	NZL	18.36	2014

Discus (2kg)

M30	Alan White	AUS	35.60	2000
M35	Jamie Muscat	AUS	43.84	2014
M40	Merve Kemp	AUS	43.88	1984
M45	Todd Davey	AUS	44.56	2015

Discus (1.5 kg)

M50	Stuart Gyngell	AUS	49.65	2014
M55	Ray Green	AUS	41.65	2002

Discus (1 kg)

M60	Ray Green	AUS	50.27	2006
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W70	Jacqueline Wison	NZL	1:04:57.0	2018
W75	Daphne Jones	NZL	1:17:10.0	2018
W80	Christiane Dauphinot	AUS	80:32	2012

Half Marathon (Best Performances)

W30	Ronnie Cole	NZL	1:32:09	1998
W35	Yvonne Evans	NZL	1:26:17	2006
W40	Jenny Dowie	AUS	1:29:25	2002
W45	Bernie Portesnki	NZL	1:19:38	1998
W50	Brenda Fortune	NZL	1:36:41	2006
W55	Lavinia Petrie	AUS	1:32:33	2002
W60	Judth Stewart	NZL	1:40.07	2010
W65	Lavinia Petrie	AUS	1:40.10	2012
W70	Lavinia Petrie	AUS	1:37:38	2014
W75	Clasina van der Veecken	NZL	2:26.11	2008
W80	Clasina van der Veecken	NZL	2:39.21	2012

Javelin (600g current specifications)

W30	Lynette Smith	AUS	32.60	2004
W35	Jayne Hardy	AUS	38.09	2002
W40	Jayne Hardy	AUS	38.65	2006
W45	Jayne Hardy	AUS	37.01	2010

Javelin (500g from 2000)

W50	Jill Evans	NZL	29.32	2000
W55	Mary Thomas	AUS	37.90	2000

Javelin (500g from 2014)

W60	Wilma Perkins	AUS	21.72	2014
W65	Wilma Perkins	AUS	24.51	2015
W65	Mary Thomas	AUS	20.23	2014
W70	Mary Thomas	AUS	21.51	2015

Javelin (400g from 2000)

W75	Heather Doherty	AUS	19.78	2008
W80	Heather Doherty	AUS	19.45	2014
W85	Pauline Purser	NZL	8.60	2008
W90	Ruth Frith	AUS	10.09	2002
W95	Ruth Frith	AUS	7.98	2004

Hammer (4kg)

W30	Raelene Bates	NZL	43.71	1998
W35	Jayne Hardy	AUS	41.87	2002
W40	Jayne Hardy	AUS	43.52	2006
W45	Althea Mackie	AUS	41.80	2015

Hammer (3kg)

W50	Sharon Gibbins	AUS	45.70	2008
W55	Helen Searle	AUS	45.98	1996
W60	Jan Davies	AUS	42.20	2002
W65	Helen Searle	AUS	39.51	2006
W70	Helen Searle	AUS	33.07	2012

Hammer (2kg from 2010)

W75	Jan Banens	AUS	32.02	2018
W80	Valerie Worrell	AUS	21.78	2018
W85	Clasina van der Veecken	NZL	16.17	2018
W90	Ruth Frith	AUS	11.85	2002
W95	Ruth Frith	AUS	11.16	2006
W100	Ruth Frith	AUS	9.64	2012

Discus (1 kg)

W30	Chris Schultz	AUS	48.12	1984
W35	Chris Schultz	AUS	47.86	1986
W40	Chris Schultz	AUS	42.52	1994
W45	Chris Schultz	AUS	42.66	1998
W50	Chris Schultz	AUS	38.23	2002
W55	Chris Schultz	AUS	33.54	2006
W60	Helen Searle	AUS	29.73	2002
W65	Helen Searle	AUS	27.53	2006
W70	Mary Thomas	AUS	22.03	2015

M65	Tom Hancock	AUS	45.93	2002	
M70	Keith James	AUS	39.54	2012	
M75	Rudi Hochreiter	AUS	34.60	2002	
M80	Feliks Jekabsons	AUS	26.96	2006	
M85	Ron Johnson	NZL	22.90	2018	
M90	Peter Tearle	NZL	12.91	2018	
Shot Put (7.26kg)					
M30	Saimoni Koroi	FIJ	12.92	1994	
M35	Soane Lakafia	NCL	14.10	1996	
M40	Stuart Gyngell	AUS	16.29	2008	
M45	Laini Inivale	NZL	13.68	2015	
Shot Put (6 kg)					
M50	Stuart Gyngell	AUS	17.57	2014	
M55	Richard Harris	NZL	13.41	1990	
Shot put (5 kg)					
M60	Richard Harris	NZL	13.51	1994	
M65	Charlie Rann	AUS	12.75	1992	
Shot Put (4 kg)					
M70	Rudi Hochreiter	AUS	12.72	1998	
M75	Jim Peridis	AUS	11.42	2002	
Shot Put (3 kg)					
M80	Feliks Jekabsons	AUS	10.09	2006	
M85	Ron Johnson	NZL	8.05	2018	
M90	Peter Tearle	NZL	6.26	2018	
Weight Throw (15.88kg - 35lb)					
M30	Vincent Smith	NZL	13.09	2012	
M35	Ricard Meiring	AUS	18.59	2014	
M40	Stuart Gyngell	AUS	13.78	2008	
M45	Mark Cumming	NZL	14.60	2012	
Weight Throw (11.34kg - 25lb)					
M50	Stuart Gyngell	AUS	18.05	2014	
M55	Mark Cumming	NZL	18.51	2018	
Weight Throw (9.08kg - 20lb)					
M60	Ray Green	AUS	17.45	2006	
	Kevin Bradley	NZL	17.45	2006	
M65	Laurie Devlin	NZL	17.43	2004	
Weight Throw (7.26kg - 16lb)					
M70	Laurie Devlin	NZL	18.06	2006	
M75	Ken Priestley	AUS	14.59	2014	
Weight Throw (5.54kg - 12lb)					
M80	Norm Windred	AUS	12.19	2008	
M85	Dave Scratton	NZL	10.99	2004	
High Jump					
M30	Brad Osborn	AUS	1.78	2008	
M35	John Turner	NZL	1.74	2006	
M40	Kieran McKee	NZL	1.71	1998	
M45	Matthew Muell	AUS	1.78	2010	
M50	Hoyoung Do	NZL	1.65	2012	
	Brian Curry	NZL	1.65	2012	
M55	Brian Curry	NZL	1.66	2018	
M60	John Hunt	AUS	1.50	2002	
M65	Gordon Gourlay	AUS	1.45	1994	
M70	David Anstiss	NZL	1.36	2018	
M75	Rudi Hochreiter	AUS	1.23	2002	
M80	Jim Blair	NZL	1.13	2012	
M85	Jim Blair	NZL	1.04	2018	
M90	Alistair McKay	NZL	0.80	2018	
Long Jump					
M30	Jay Stone	AUS	6.36	2012	0.0
M35	Albert Miller	FIJ	6.21	1994	
M40	Bob Lehman	AUS	6.29	2014	0.5
M45	Rodney Stone	AUS	5.76	1984	
M50	Terry Hicks	AUS	5.45	2004	
M55	Clay Tompkins	AUS	5.61	2008	

Discus (0.75 kg from 2010)

W75	Heather Doherty	AUS	21.91	2012	
W80	Heather Doherty	AUS	20.30	2014	
W85	Ruth Frith	AUS	11.64	1996	
W90	Ruth Frith	AUS	10.89	2002	
W95	Ruth Frith	AUS	10.90	2006	

Shot Put (4 kg)

W30	Chris Schultz	AUS	14.98	1984	
W35	Chris Schultz	AUS	14.12	1986	
W40	Chris Schultz	AUS	13.25	1994	
W45	Chris Schultz	AUS	13.17	1998	

Shot put (3 kg)

W50	Chris Schultz	AUS	13.19	2002	
W55	Mary Thomas	AUS	12.89	2000	
W60	Helen Searle	AUS	12.31	2000	
W65	Helen Searle	AUS	11.58	2004	
W70	Helen Searle	AUS	9.16	2012	

Shot put (2 kg from 2010)

W75	Glen Watts	NZL	8.27	2015	
W80	Heather Doherty	AUS	7.44	2014	
W85	Ruth Frith	AUS	5.42	1996	
W90	Ruth Frith	AUS	5.21	2002	
W95	Ruth Frith	AUS	4.72	2004	

Weight Throw (9.08kg - 20lb)

W30	Noella Flores	PYF	10.27	2010	
W35	Fionnula Connors	AUS	10.81	2018	
W40	Chris McCahill	NZL	15.03	2008	
W45	Althea Mackie	AUS	12.84	2015	

Weight Throw (7.26kg - 16lb)

W50	Jayne Hardy	AUS	13.64	2015	
W55	Dorn Jenkins	AUS	12.45	2014	

Weight Throw (5.54kg - 12lb)

W60	Dorn Jenkins	AUS	17.36	2015	
W65	Helen Searle	AUS	16.44	2004	
W70	Jan Banens	AUS	12.41	2012	

Weight Throw (4kg from 2010)

W75	Glen Watts	NZL	11.71	2015	
W80	Heather Dherty	AUS	9.63	2014	
W85	Marcia Petley	NZL	6.23	2018	
W95	Ruth Frith	AUS	5.16	2006	

High Jump

W30	Angela McKee	NZL	1.89	2006	
W35	Veronique Boyer	PYF	1.65	2008	
W40	Lynette Smith	AUS	1.53	2014	
W45	Marie Kay	AUS	1.48	2006	
W50	Marie Kay	AUS	1.45	2012	
W55	Alex Lloyd	AUS	1.33	2014	
W60	Margaret Taylor	AUS	1.26	2008	
W65	Wilma Perkins	AUS	1.18	2015	
W70	Gwen Davidson	AUS	1.14	1994	
W75	Gwen Davidson	AUS	1.08	2000	

Long Jump

W30	Wilma Perkins	AUS	5.43	1984	
W35	Eileen. Hindle	AUS	5.55	1984	
W40	Gianna Mogentale	AUS	5.21	2004	0.3
W45	Marie Kay	AUS	5.31	2006	
W50	Marie Kay	AUS	5.23	2012	0.0
W55	Wilma Perkins	AUS	4.29	2004	

M60	Graeme Noden	AUS	5.10	2000	
M65	Graeme Noden	AUS	4.58	2006	
M70	Graeme Noden	AUS	4.59	2008	
M75	Graeme Noden	AUS	4.07	2014	1.6
M80	Max McKay	AUS	3.13	2004	
M85	Maurice Dauphinat	AUS	2.95	2012	-3.2
M90	Alistair McKay	NZL	2.08	2018	0.4

Triple Jump

M30	George Jankowski	AUS	11.31	1994	
M35	Russell Sarah	AUS	13.70	1982	
M40	Kevin Todd	NZL	12.31	1990	
M45	Stephen McKee	NZL	12.05	2006	
M50	Stephen Burden	NZL	11.25	2012	1.3
M55	Clay Tompkins	AUS	12.22	2008	
M60	Pat Timings	NZL	10.40	1990	
M65	Geoff Shaw	AUS	9.45	2015	0.6
M70	Ian Sim	NZL	9.07	2018	1.4
M75	Rudi Hochreiter	AUS	8.34	2002	
M80	Leo Coffey	AUS	7.30	2012	1.4
M85	Ron Johnson	NZL	5.34	2018	1.9

Pole Vault

M30	Jamie Maret	NZL	3.80	1998	
M35	Rob Hill	AUS	4.40	2008	
M40	Brian Senior	NZL	3.85	1982	
M45	Stephen McKee	NZL	3.65	2006	
M50	Jim McGrath	AUS	3.10	1982	
	Tim McGrath	AUS	3.1	2014	
M55	Mark Lett	NZL	3.05	2018	
M60	Bob Barclay	AUS	3.00	2002	
M65	Geoff Shaw	AUS	2.70	2014	
M70	Jim Poulter	AUS	2.50	2014	
M75	Donald Chambers	AUS	1.85	2014	
M80	Wallace Opperman	NZL	1.45	2006	
M85	Wallace Opperman	NZL	1.00	2012	

Updated for 2010 WMA factors

Pentathlon (LJ, Jav, 200m, DT, 1500m)

M30	Brad Osborne	AUS	2461	2008	
	(5.59; 38.89; 25.02; 33.71; 5:31.22)				
M35	Albert Miller	FIJ	3099	1994	
	(6.21, 52.88, 24.0, 37.98, 5:28.8)				
M40	Lloyd Mitchelson	AUS	3296	1984	
	(5.40, 48.02, 24.8, 31.86, 4:31.0)				
M45	John Cooper	AUS	3358	1990	
M50	Terry Hicks	AUS	3538	2004	
M55	Rudi Hochreiter	AUS	3401	1984	
	(4.80, 37.12, 26.4, 34.42, 5:25.6)				
M60	Peter Gatti	AUS	3419	1996	
M65	Fred O'Connor	AUS	3984	1990	
M70	Ken Daniels	AUS	3084	2008	
	(3.95; 31.99; 31.38; 25.19; 7:09.23)				
M75	Hector Mein	NZL	2825	2006	
	(3.42, 23.17, 36.80, 19.82, 6:40.89)				
M80	Hector Mein	NZL	1931	2012	
	(2.89, 18.34, 46.94, 16.54, 9:18.13)				
M85	Rad Leovic	AUS	2439	2014	
	(2.31, 14.86, 45.49, 14.50, 8:29.14)				
M90	Frank Cox	NZL	560	2002	
	(1.43, 6.31, 66.09, 7.19, DNF)				

Updated for 2010 WMA factors

Throws Pentathlon (Ham, SP, DT, Jav, Wt)

M30	Stuart Chirnside	NZL	2723	1998	
M35	Ricard Meiring	AUS	3117	2014	
	(54.66, 10.87, 29.78, 33.64, 18.34)				

W60	Margaret Taylor	AUS	4.38	2008	
W65	Wilma Perkins	AUS	3.78	2015	0.7
W70	Judy Hammond	NZL	3.22	2008	
W75	Gwen Davidson	AUS	2.73	2000	
W80	Judy Hammond	NZL	2.73	2018	0.4

Triple Jump

W30	Marie Kay	AUS	10.73	1994	
W35	Veronique Boyer	PYF	11.36	2008	
W40	Julie Brims	AUS	10.59	2006	
W45	Marie Kay	AUS	10.68	2006	
W50	Helen Searle	AUS	9.54	1990	
W55	Anne Hunter	NZL	8.87	2006	
W60	Margaret Taylor	AUS	9.22	2008	
W65	Lois Anderson	NZL	7.14	2014	1.9
W70	Frances Bayler	NZL	6.84	2010	
W75	Frances Bayler	NZL	6.24	2015	1.2
W80	Ruth Frith	AUS	5.05	1992	

Pole Vault

W30					
W35	Ros Montse	AUS	2.50	2014	
W40	Joanne Anderson	NZL	2.40	1994	
W45	Joanne Anderson	NZL	2.20	1998	
	Wilma Perkins	AUS	2.20	1998	
W50	Wilma Perkins	AUS	2.30	2002	
W55	Wilma Perkins	AUS	2.20	2006	
W60	Wilma Perkins	AUS	2.30	2010	

Updated for 2010 WMA factors

Pentathlon (100m, SP, LJ, Jav, 800m)

W30	Wilma Perkins	AUS	2864	1984	
	(12.70, 9.42, 5.25, 28.71, 2:49.4)				
W35	Eileen Hindle	AUS	3031	1984	
	(12.51, 6.98, 5.42, 22.14, 2:30.8)				
W40	Lee-An Grosvenor	AUS	3153	2014	
	(13.58, 8.84, 4.51, 27.57, 2:29.06)				
W45	Chris Battersby	AUS	3564	1990	
W50	Gianna Mogentale	AUS	3479	2014	
	(13.29, 7.28, 4.58, 16.61, 2:33.56)				
W55	Tui Ashe	NZL	3029	2006	
	(16.11, 8.38, 3.80, 18.42, 2:55.30)				

W60-74 Jav 500g from 2014)

W60	Clare Giles	NZL	2867	2018	
	(16.01;7.47;3.31;16.09;3:20.82)				
W65	Jean Hampson	AUS	2845	2014	
	(17.72, 6.05, 3.30, 14.97, 3:28.21)				
W70	Judy Hammond (400g Ja	NZL	3028	2008	
	(17.32; 6.20; 3.06; 13.37; 3:57.88)				
W75	Judy Hammond	NZL	2675	2015	
	(18.97, 5.81, 2.68, 11.79, 4:53.39)				
W80	Judy Hammond	NZL	3036	2018	
	(20.49;5.59;2.58;10.49;5:20.88)				

Throws Pentathlon (Ham, SP, DT, Jav, Wt)

W30	Raylene Bates	NZL	3339	1998	
W35	Chris Schultz	AUS	4056	1990	
W40	Jayne Hardy	AUS	3877	2006	

M40	Frederic Cassier	NCL	3769	1992
M45	Todd Davey	AUS	3729	2015
	(39.25, 13.67, 40.64, 40.61, 13.73)			
M50	Stuart Gyngell	AUS	4192	2015
	(47.83, 17.05, 50.09, 36.29, 17.10)			
M55	Ray Green	AUS	3617	2002
	(41.96, 11.59, 41.16, 35.12, 13.73)			
M60	Graeme Rose	AUS	3896	2008
	(45.46; 12.58; 38.17; 39.48; 16.78)			
M65	Tom Hancock	AUS	4076	2002
	(37.08, 11.69, 43.96, 39.26, 14.95)			
M70	Sam Johnson	NZL	4356	1992
M75	Dave Scratton	NZL	3682	1998
M80	Feliks Jakobsons	AUS	3539	2006
	(28.97, 9.98, 26.96, 19.30, 12.43)			
M85	Dave Scratton	NZL	4074	2004

Updated for 2010 WMA factors

Decathlon (100m, LJ, SP, HJ, 400m / Hurd, DT, PV, Jav, 1500m)

M30	Brad Osborn	AUS	4874	2008
	(12.63; 5.79; 10.79; 1.77; 58.05; 17.99; 31.69; 3.20; 34.63; 5:32.06)			
M35	Geoff Gibbons	AUS	6122	2012
	(11.97, 5.71, 10.08, 1.64, 51.24, 16.48, 29.47, 3.70, 47.34, 4:35.55)			
M40	Peter Ranginui	NZL	4854	2012
	(13.11, 5.02, 8.29, 1.79, 62.32, 18.82, 30.92, 2.60, 37.88, 5:48.72)			
M45	Wayne Doyle	NZL	5905	2012
	(12.99, 5.19, 11.19, 1.55, 59.47, 19.56, 32.20, 3.00, 45.01, 5:34.73)			
M50	Andy Richardson	NZL	5760	2018
	(13.22;4.79;10.44;1.59;68.54;18.66;34.14;3.00;46.26;5:47.54)			
M55	Bruce Solomon	NZL	5872	2018
	(12.79;4.58;11.18;1.41;62.48;19.43;29.97;2.10;35.20;6:01.7)			
M60	Viddy Jermacans	AUS	5112	2010
	(13.92; 4.35; 8.68; 1.30; 67.37; 21.11; 29.08; 2.10; 21.60; 6:20.36)			
M65	Warren Green	NZL	4691	2018
	(14.60;3.15;7.66;1.20;74.32;24.58;24.48;2.10;28.83;6:41.71)			
M70	Ken Daniels	AUS	5995	2008
	(15.00; 4.14; 8.31; 1.21; 73.03; 17.88; 26.71; 2.00; 31.98; 7:00.11)			
M75	Donald Chambers	AUS	4608	2014
	(16.10, 3.67, 8.54, 1.10, 92.31, 18.44, 16.73, 1.85, 19.15, DNF)			
M80	Rad Leovic	AUS	3082	2012
	(20.60,2.60, 6.84, 0.92,1:42.27, 29.47, 13.93, 0.80, 14.22, 9:07.91)			
M85	Ron Johnson	NZL	5513	2018
	(19.92;2.55;8.32;0.99;1:42.99;DNF;20.11;1.50;25.21;9:07.39)			

(41.99, 10.40, 37.29, 38.65, 13.87)

W45	Chris Schultz	AUS	4355	1998
W50	Chris Schultz	AUS	4116	2002
	(35.64, 12.97, 39.49, 25.87, 13.83)			
W55	Helen Searle	AUS	4596	1996
W60-74 Jav 500g from 2014)				
W60	Dorn Jenkins	NZL	4443	2015
	(43.51, 8.85, 28.72, 21.85, 15.57)			
W65	Mary Thomas	Aus	3651	2014
	27.50, 7.79, 23.35, 22.55,10.44)			
W70	Mary Thomas	AUS	4377	2015
	(27.95, 8.01, 23.32, 21.03, 11.94)			

New weight specifications from 2010

W75	Heather Doherty	AUS	3850	2012
	(22.75, 7.79, 23.46, 17.39, 10.03)			
W80	Heather Doherty	AUS	4108	2014
	(21.74, 7.11, 19.38, 17.27, 9.42)			
W85	Ruth Frith	AUS	3561*	1996
W90	Ruth Frith	AUS	3461	2002
	(12.49, 4.97, 10.31, 10.51, 5.71)			
W95	Ruth Frith	AUS	3779	2006
	(11.08, 4.35, 9.78, 6.43, 5.16)			

Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)

W30	Jessica Dux	AUS	3044	2018
	(18.43;1.33;7.75;27.80;4.61;19.19;2:56.11)			
W35	Lynette Smith	AUS	4192	2008
	(18.43; 1.58; 10.03; 29.85; 4.42; 33.91; 2:26.41)			
W40	Lee-Ann Grosvenor	AUS	4068	2014
	(15.69, 1.27, 9.05, 27.92, 4.54, 27.41, 2:33.4)			
W45	Carolyn Wills	NZL	4019	2018
	(15.44;1.42;8.95;30.65;3.93;24.67;3:09.69)			
W50	Marie Kay	AUS	5831	2010
	(13.13; 1.48; 11.19; 28.22; 4.69; 30.33; 2:52.47)			
W55	Alex Lloyd	AUS	4292	2014
	(15.69; 1.33; 7.42; 33.16; 3.09, 22.59, 3:11.97)			
W60-74 Jav 500g from 2014)				
W60	Carol Bowman	AUS	2525	2018
	(22.07;1.06;4.55;37.34;2.46;9.62;3:28.69)			
W65	Gail Kirkman	NZL	5598	2018
	(15.71;1.24;7.45;31.59;3.37;11.35;2:51.08)			
W70	Marj Allison	AUS	5022	2015
	(17.92, 1.02, 5.99, 35.18, 2.75, 16.44, 3:25.94)			
W75	Judy Hammond	NZL	3442	2015
	(DNF, 0.99, 6.10, 42.07, 2.60, 11.65, 4:52.56)			

AUS	Australia
NZL	New Zealand
PYF	French Polynesia
NCL	New Caledonia
FIJ	Fiji
TON	Tonga
NFI	Norfolk Island
SOL	Soloman Islands

ARCHIVED RECORDS

Javelin 400g				
W60	Mary Thomas	AUS	33.83	2004
W70	Wini Pepene	NZL	23.76	2002
Pentathlon (100m, SP, LJ, Jav 400g, 800m)				
W60	Beryl Vine	NZL	3225	1990
W65	Wini Pepene	NZL	2989	1996

Throws Pentathlon (Ham, SP, DT, Jav 400g, Wt)

W60 Helen Searle AUS 4521 2002
(39.48, 11.49, 26.29, 25.20, 15.04)

W65 Helen Searle AUS 5399 2004

Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)

W60 Marj Allison (400g Jav) AUS 5076 2008
(15.10; 1.24; 6.93; 31.90; 3.66; 18.48; 2:53.86)