

PARA RECORDS - ANQ CHAMPIONSHIPS

Age Group	Event Name	H/E	Time/Dist	Wind	Athlete Name	Club	Date Set
Vision Impairment							
T/F 12							
Open Men	100 Metres						
	200 Metres						
	400 Metres						
	800 Metres						
	1500 Metres						
	5000 Metres						
	10000 Metres						
	Long Jump						
	High Jump						
	Triple Jump						
7.26kg	Shot Put		14.64m		Russell Short	AUS	30-Sep-07
2kg	Discus						
800g	Javelin						
7.26kg	Hammer						
Intellectual Disability							
T/F 20							
Open Men	100 Yards	E	10.86		Colin Abbey	TNS	4-Oct-09
	100 Metres	E	11.83		Colin Abbey	TNS	4-Oct-09
	200 Metres	E	23.72		Colin Abbey	TNS	4-Oct-09
	400 Metres	E	55.81		Lindsay Hendy	TNS	23-Sep-16
	800 Metres	E	02:17.0		Joshua Holloway	CQA	30-Sep-12
	1500 Metres		05:03.1		Joshua Holloway	CQA	25-Sep-11
	5000 Metres						
	10000 Metres						
	Long Jump		5.94m		Colin Abbey	TNS	4-Oct-09
	High Jump		1.45m		Joshua Lush	MUL	Oct14/Sept15
	Triple Jump		11.58m		Colin Abbey	TNS	4-Oct-09
7.26kg	Shot Put		10.06m		Joshua Lush	PPT	23-Sep-16
2kg	Discus		30.00m		Joshua Lush	PPT	23-Sep-16
800g	Javelin		39.84m		Corey Anderson	QE11	23-Sep-17
7.26kg	Hammer						
Under20 Men	100 Metres	E	11.86		Lindsay Hendy	TNS	23-Sep-16
	200 Metres	E	23.98		Lindsay Hendy	TNS	23-Sep-16
	400 Metres	E	55.81		Lindsay Hendy	TNS	23-Sep-16
	800 Metres						
	1500 Metres						
	5000 Metres						
	10000 Metres						
	Long Jump		5.82m		Lindsay Hendy	TNS	23-Sep-16
	High Jump						
	Triple Jump						
6kg	Shot Put		9.39m		Corey Anderson	QE11	23-Sep-17
1.75kg	Discus		31.06m		Corey Anderson	QE11	23-Sep-17
800g	Javelin		37.88m		Corey Anderson	QE11	23-Sep-17
6kg	Hammer						
Under18 Men	100 Metres						
	200 Metres	E	24.44	3.4	Lindsey Hendy	TNS	3-Oct-14

PARA RECORDS - ANQ CHAMPIONSHIPS

	400 Metres	E	58.78		Lindsey Hendy	TNS	3-Oct-14
	800 Metres						
	1500 Metres						
	5000 Metres						
	Long Jump						
	High Jump						
	Triple Jump						
5kg	Shot Put		10.02m		Michael Henderson	TNS	25-Sep-11
1.5kg	Discus		30.73m		Michael Henderson	TNS	25-Sep-11
700g	Javelin		35.14m		Michael Henderson	TNS	25-Sep-11
5kg	Hammer						
16 yr Men							
	100 Metres	E	12.47	1.4	Joshua Lush	PPT	23-Sep-16
	200 Metres	E	25.57	2.0	Joshua Lush	PPT	23-Sep-16
	400 Metres	E	57.09		Joshua Lush	PPT	23-Sep-16
	800 Metres						
	1500 Metres						
	5000 Metres						
	Long Jump						
	High Jump						
	Triple Jump						
5kg	Shot Put		8.38m		Corey Anderson	QE11	23-Sep-16
1.5kg	Discus		27.05m		Corey Anderson	QE11	23-Sep-16
700g	Javelin						
5kg	Hammer		21.65m		Corey Anderson	QE11	23-Sep-16
	Weight Throw		10.77m		Corey Anderson	QE11	23-Sep-16
	Throws Pentathlon		1501 pts		Corey Anderson	QE12	23-Sep-16
Intellectual Disability							
T/F 20							
15yr Men							
	100 Metres	E	12.28		Joshua Holloway	CQA	30-Sep-12
	200 Metres		26.15	0.7	Joshua Lush	MUL	27-Sep-15
	400 Metres	E	57.29		Joshua Holloway	CQA	30-Sep-12
	800 Metres	E	02:17.0		Joshua Holloway	CQA	30-Sep-12
	1500 Metres	E	05:12.2		Joshua Holloway	CQA	30-Sep-12
	Long Jump	E	4.74m	-0.5	Joshua Lush	MUL	27-Sep-15
	High Jump		1.45m		Joshua Lush	MUL	27-Sep-15
	Triple Jump		10.76m		Joshua Lush	MUL	27-Sep-15
4kg	Shot Put		10.84m		Joshua Lush	MUL	27-Sep-15
1kg	Discus		35.57m		Joshua Lush	MUL	27-Sep-15
700g	Javelin						
4kg	Hammer						
14yr Men							
	100 Metres		12.64		Joshua Holloway	CQA	25-Sep-11
	200 Metres		25.85		Joshua Holloway	CQA	25-Sep-11
	400 Metres		59.38		Joshua Holloway	CQA	25-Sep-11
	800 Metres		02:24.7		Joshua Holloway	CQA	25-Sep-11
	1500 Metres		05:03.1		Joshua Holloway	CQA	25-Sep-11
	Long Jump		4.18m	1.6	Joshua Lush	MUL	3-Oct-14
	High Jump		1.45m		Joshua Lush	MUL	3-Oct-14
	Triple Jump		9.64m	2.0	Joshua Lush	MUL	3-Oct-14
4kg	Shot Put		9.94m		Joshua Holloway	CQA	25-Sep-11
1kg	Discus		32.75m		Joshua Lush	MUL	3-Oct-14
700g	Javelin		21.33m		Joshua Lush	MUL	3-Oct-14
4kg	Hammer						
13yr Men							
	100 Metres		14.34		Joshua Holloway	CQA	3-Oct-10
	200 Metres		28.43		Joshua Holloway	CQA	3-Oct-10

PARA RECORDS - ANQ CHAMPIONSHIPS

	400 Metres	67.89	Joshua Holloway	CQA	3-Oct-10
	800 Metres	02:29.9	Joshua Holloway	CQA	3-Oct-10
	1500 Metres				
	Long Jump	4.02m	Joshua Holloway	CQA	3-Oct-10
	High Jump				
	Triple Jump				
3kg	Shot Put	9.21m	Joshua Holloway	CQA	3-Oct-10
1kg	Discus	19.69m	Joshua Holloway	CQA	3-Oct-10
600g	Javelin	20.53m	Joshua Holloway	CQA	3-Oct-10
3kg	Hammer				

9yr Men	100 Metres	16.07	Joshua Lush	CNS	4-Oct-09
	200 Metres	33.66	Joshua Lush	CNS	4-Oct-09
	800 Metres	03:08.7	Joshua Lush	CNS	4-Oct-09
	Long Jump	3.06m	Joshua Lush	CNS	4-Oct-09
	High Jump	1.05m	Joshua Lush	CNS	4-Oct-09
2kg	Shot Put	5.49m	Joshua Lush	CNS	4-Oct-09
500g	Discus	19.21m	Joshua Lush	CNS	4-Oct-09
Non event for class	60m Hurdles	14.76	Joshua Lush	CNS	4-Oct-09

Cerebral Palsy and Acquired Brain Injury

T/F 33 Wheelchair Track

Open Men	100 Metres				
	200 Metres				
	400 Metres				
	800 Metres				
	1500 Metres				
3kg	Shot Put	8.49m	Jessee Wyatt	VIC	27-Sep-15
1kg	Discus				
600g	Javelin				

Under20 Men

	100 Metres				
	200 Metres				
	400 Metres				
	800 Metres				
	1500 Metres				
3kg	Shot Put	8.49m	Jessee Wyatt	VIC	27-Sep-15
1kg	Discus				
600g	Javelin				

Cerebral Palsy and Acquired Brain Injury

T/F 34 Wheelchair Track/Seated Throw

Open Men	100 Metres				
	200 Metres				
	400 Metres				
	800 Metres				
	1500 Metres				
	5000 Metres				
4kg	Shot Put	10.57m	Hamish MacDonald	AUS	28-Sep-07
1kg	Discus	27.90m	Hamish MacDonald	AUS	29-Sep-07
600g	Javelin	23.88m	Damien Bowen	AUS	29-Sep-07

30-34yrs Men	100 Metres				
	200 Metres				

PARA RECORDS - ANQ CHAMPIONSHIPS

	400 Metres						
	800 Metres						
	1500 Metres						
	5000 Metres						
3kg	Shot Put		10.57m		Hamish MacDonald	AUS	28-Sep-07
1kg	Discus		27.90m		Hamish MacDonald	AUS	29-Sep-07
600g	Javelin						

Cerebral Palsy and Acquired Brain Injury

T/F 37

Open Men	100 Metres	E	14.75	1.2	Preston Mallory	CQA	4-Oct-09
	200 Metres						
	400 Metres						
	800 Metres						
	1500 Metres						
	5000 Metres						
	10000 Metres						
	Long Jump		3.89m		Aiden Meldrum	TNS	23-Sep-16
	High Jump						
5kg	Shot Put		9.40m		Raymond Abdy	CHT	3-Oct-14
1kg	Discus		48.55m		Guy Henly	NSW	27-Sep-15
600g	Javelin		20.94m		Preston Mallory	CQA	4-Oct-09
Non event for class	Hammer (5kg)		34.00m		Raymond Abdy	CHT	28-Sep-08
Non event for class	Weight Throw						
Non event for class	Throws Pentathlon		1681pts		Raymond Abdy	CHT	4-Oct-09
Non event for class	Hammer (7.26kg)		24.85m		Raymond Abdy	CHT	29-Sep-12

Under20 Men	100 Metres	E	15.04	0.9	Preston Mallory	CQA	28-Sep-08
	200 Metres						
	400 Metres						
	800 Metres						
	1500 Metres						
	5000 Metres						
	10000 Metres						
	Long Jump						
	High Jump						
5kg	Shot Put		8.04m		Preston Mallory	CQA	28-Sep-08
1kg	Discus		27.88m		Preston Mallory	CQA	28-Sep-08
600g	Javelin		20.60m		Preston Mallory	CQA	28-Sep-08

13yr Men	100 Metres	E	21.09		Sean Gallagher	RLA	23-Sep-16
	200 Metres						
	400 Metres						
	800 Metres						
	1500 Metres						
	Long Jump						
	High Jump						
2kg	Shot Put		4.59		Sean Gallagher	RLA	23-Sep-16
750g	Discus		13.06		Sean Gallagher	RLA	23-Sep-16
400g	Javelin		9.60		Sean Gallagher	RLA	23-Sep-16

30-34yrs Men	60 Metres	E	12.30		Raymond Abdy	CHT	3-Oct-14
	100 Metres	E	19.27	1.7	Raymond Abdy	CHT	3-Oct-14
	200 Metres						

PARA RECORDS - ANQ CHAMPIONSHIPS

	400 Metres					
	800 Metres					
	1500 Metres					
	5000 Metres					
	10000 Metres					
	Long Jump					
	High Jump					
5kg	Shot Put	9.40m		Raymond Abdy	CHT	3-Oct-14
1kg	Discus	28.54m		Raymond Abdy	CHT	23-Sep-11
600g	Javelin	20.35m		Raymond Abdy	CHT	23-Sep-11
Non event for class	Hammer (7.26kg)	24.85m		Raymond Abdy	CHT	29-Sep-12
Non event for class	Weight Throw					
Non event for class	Throws Pentathlon	1412pts		Raymond Abdy	CHT	3-Oct-10

35-39yrs Men	60m	E	12.16	Raymond Abdy	CHT	23-Sep-16
	100 Metres					
	200 Metres					
	400 Metres					
	800 Metres					
	1500 Metres					
	5000 Metres					
	10000 Metres					
	Long Jump					
	High Jump					
5kg	Shot Put	8.76m		Raymond Abdy	CHT	23-Sep-17
1kg	Discus	25.53m		Raymond Abdy	CHT	23-Sep-16
600g	Javelin	19.15m		Raymond Abdy	CHT	23-Sep-16
Non event for class	Hammer (7.26kg)	22.68m		Raymond Abdy	CHT	23-Sep-16
Non event for class	Weight Throw	5.37m		Raymond Abdy	CHT	23-Sep-16
Non event for class	Throws Pentathlon	1162pts		Raymond Abdy	CHT	23-Sep-16

Cerebral Palsy and Acquired Brain Injury

T/F 38

Open Men	100 Metres		12.45	Tom Evill	AUS	29-Sep-07
	200 Metres					
	400 Metres					
	800 Metres					
	1500 Metres					
	5000 Metres					
	10000 Metres					
	Long Jump					
	High Jump					
5kg	Shot Put	6.19m		Daniel Wing	ISA	29-Sep-13
1.5kg	Discus	15.88m		Daniel Wing	ISA	29-Sep-13
800g	Javelin	43.93m		Jayden Sawyer	ACT	27-Sep-15

45-49yrs Men	100 Metres					
	200 Metres					
	400 Metres					
	800 Metres					

PARA RECORDS - ANQ CHAMPIONSHIPS

	1500 Metres					
	5000 Metres					
	10000 Metres					
	Long Jump					
	High Jump					
5kg	Shot Put		6.19m	Daniel Wing	ISA	29-Sep-13
1.5kg	Discus		15.88m	Daniel Wing	ISA	29-Sep-13
800g	Javelin		12.01m	Daniel Wing	ISA	29-Sep-13

Short Stature < 125cm

T/F 40

Open Men	100 Metres	E	23.13	1.0	Matthew Lundie	TNS	23-Sep-16
	200 Metres	E	50.43		Matthew Lundie	TNS	23-Sep-16
Non event for class	800 Metres	E	4.41.00		Matthew Lundie	TNS	23-Sep-16
4kg	Shot Put						
1kg	Discus		10.40m		Lachlan Volling-Geoghegan	RAV	27-Sep-15
600g	Javelin						

Under18 Men	100 Metres	E	37.59	1.0	Lachlan Volling-Geoghegan	RAV	27-Sep-15
	200 Metres						
3kg	Shot Put		4.28m		Lachlan Volling-Geoghegan	RAV	27-Sep-15
1kg	Discus		10.40m		Lachlan Volling-Geoghegan	RAV	27-Sep-15
500g	Javelin		7.79m		Lachlan Volling-Geoghegan	RAV	27-Sep-15
Non event for class	Long Jump	E	0.80m	-0.7	Lachlan Volling-Geoghegan	RAV	27-Sep-15

14yr Men	100 Metres				Lachlan Volling-Geoghegan	RAV	30-Sep-12
	200 Metres						
3kg	Shot Put		2.22m		Lachlan Volling-Geoghegan	RAV	30-Sep-12
1kg	Discus		6.07m		Lachlan Volling-Geoghegan	RAV	30-Sep-12
400g	Javelin		5.21m		Lachlan Volling-Geoghegan	RAV	30-Sep-12

13yr Men	100 Metres	E	23.13	1.0	Matthew Lundie	TNS	23-Sep-16
	200 Metres	E	50.43		Matthew Lundie	TNS	23-Sep-16
Non event for class	800 Metres	E	4.41.00		Matthew Lundie	TNS	23-Sep-16
2kg	Shot Put		4.89m		Matthew Lundie	TNS	23-Sep-16
750g	Discus		10.61m		Matthew Lundie	TNS	23-Sep-16
400g	Javelin		13.71m		Matthew Lundie	TNS	23-Sep-16
Non event for class	Long Jump		0.75m		Lachlan Volling-Geoghegan	RAV	25-Sep-11

Short Stature < 125cm

T/F 40

12yr Men	100 Metres						
	200 Metres						
2kg	Shot Put		5.16m		Matthew Lundie	TNS	27-Sep-15
750g	Discus		10.96m		Matthew Lundie	TNS	27-Sep-15
400g	Javelin						

11yr Men	100 Metres				Lachlan Volling-Geoghegan	RAV	4-Oct-09
	200 Metres				Lachlan Volling-Geoghegan	RAV	4-Oct-09
2kg	Shot Put		2.68m		Lachlan Volling-Geoghegan	RAV	4-Oct-09
500g	Discus		4.82m		Lachlan Volling-Geoghegan	RAV	4-Oct-09

Short Stature < 145cm

T/F 41

Open Men	100 Metres						
	200 Metres						
6kg	Shot Put		7.10m		Claire Keefer	QEII	27-Sep-15
1.5kg	Discus		23.30m		Claire Keefer	QEII	27-Sep-15

PARA RECORDS - ANQ CHAMPIONSHIPS

800g Javelin
6kg Hammer

Single Leg Below Knee Amputee

T/F 44

Open Men

	100 Metres					
	200 Metres					
	400 Metres					
	800 Metres					
	1500 Metres					
	3000 Metres					
	5000 Metres					
	10000 Metres					
	Long Jump					
	High Jump					
6kg	Shot Put		11.16m		Jason Lettice	TNS 23-Sep-11
1.5kg	Discus		35.34m		Jason Lettice	TNS 29-Sep-13
800g	Javelin		39.45m		Jason Lettice	TNS 23-Sep-11
6kg	Hammer					

10yr Men

	100 Metres	E	17.86	1.0	Jacob Holohan	NSS 27-Sep-15
	200 Metres	E	38.90	0.7	Jacob Holohan	NSS 27-Sep-15
	400 Metres					
	800 Metres					
	1500 Metres					
	Long Jump	E	2.90m	-1.2	Jacob Holohan	NSS 27-Sep-15
	High Jump					
2kg	Shot Put	E	4.68m		Jacob Holohan	NSS 27-Sep-15
500g	Discus					

Single Leg Below Knee Amputee

T/F 44

35-39yrs Men

	100 Metres					
	200 Metres					
	400 Metres					
	800 Metres					
	1500 Metres					
	3000 Metres					
	5000 Metres					
	10000 Metres					
	Long Jump					
	High Jump					
6kg	Shot Put		10.09m		Jason Lettice	TNS 3-Oct-10
1.5kg	Discus		28.17m		Jason Lettice	TNS 3-Oct-10
800g	Javelin		34.74m		Jason Lettice	TNS 3-Oct-10
6kg	Hammer					

40-44yrs Men

100 Metres
200 Metres
400 Metres
800 Metres
1500 Metres
3000 Metres
5000 Metres

PARA RECORDS - ANQ CHAMPIONSHIPS

	10000 Metres				
	Long Jump				
	High Jump				
6kg	Shot Put		11.16m	Jason Lettice	TNS 23-Sep-11
1.5kg	Discus		35.34m	Jason Lettice	TNS 29-Sep-13
800g	Javelin		39.45m	Jason Lettice	TNS 23-Sep-11
6kg	Hammer				

Single Arm Amputee

T/F 46

Open Men	100 Metres		12.35	Tristen Hall	SAR 30-Sep-05
	200 Metres		25.24	Tristen Hall	SAR 30-Sep-05
	400 Metres		57.91	Tristen Hall	SAR 30-Sep-05
	800 Metres				
	1500 Metres				
	3000 Metres				
	5000 Metres				
	10000 Metres				
	Long Jump				
	High Jump				
	Triple Jump				
6kg	Shot Put				
1.5kg	Discus				
800g	Javelin				
6kg	Hammer				

15yr Men	100 Metres	E	15.57	Jesse McCormack	CNS 30-Sep-12
	200 Metres				
	400 Metres				
	800 Metres				
	1500 Metres				
	Long Jump				
	High Jump				
	Triple Jump		8.80m	Jesse McCormack	CNS 30-Sep-12
4kg	Shot Put				
1kg	Discus				
600g	Javelin		30.30m	Jesse McCormack	CNS 30-Sep-12
4kg	Hammer				

Single Arm Amputee

T/F 46

14yr Men	100 Metres	E	15.6	Jesse McCormack	CNS 25-Sep-11
	200 Metres	E	31.76	Jesse McCormack	CNS 25-Sep-11
	400 Metres				
	800 Metres				
	1500 Metres				
	Long Jump				
	High Jump				
	Triple Jump		8.15m	Jesse McCormack	CNS 25-Sep-11
4kg	Shot Put				
1kg	Discus				
600g	Javelin				
4kg	Hammer				

Wheelchair/Seated

T/F 54

Open Men	100 Metres		15.29	Matt Cameron	TNS/AUS 29-Sep-07
	200 Metres		27.19	Matt Cameron	TNS/AUS 30-Sep-07
	400 Metres				
	800 Metres				
	1500 Metres				
	5000 Metres				

PARA RECORDS - ANQ CHAMPIONSHIPS

	10000 Metres
4kg	Shot Put
1kg	Discus
600g	Javelin

Seated

F 58

Open Men

5kg	Shot Put	8.26m	Darren Mc Kenna	TNS	28/09/2012
1kg	Discus	32.72m	Darren Mc Kenna	TNS	29-Sep-13
600g	Javelin	32.72m	Darren Mc Kenna	TNS	29-Sep-13

45-49yrs Men

5kg	Shot Put	8.26m	Darren Mc Kenna	TNS	28-Sep-12
1kg	Discus	32.72m	Darren Mc Kenna	TNS	29-Sep-13
600g	Javelin	32.72m	Darren Mc Kenna	TNS	29-Sep-13

50-54yrs Men

5kg	Shot Put	8.22m	John McLeod	TNS	23-Sep-11
1kg	Discus	27.26m	John McLeod	TNS	23-Sep-11
600g	Javelin				