

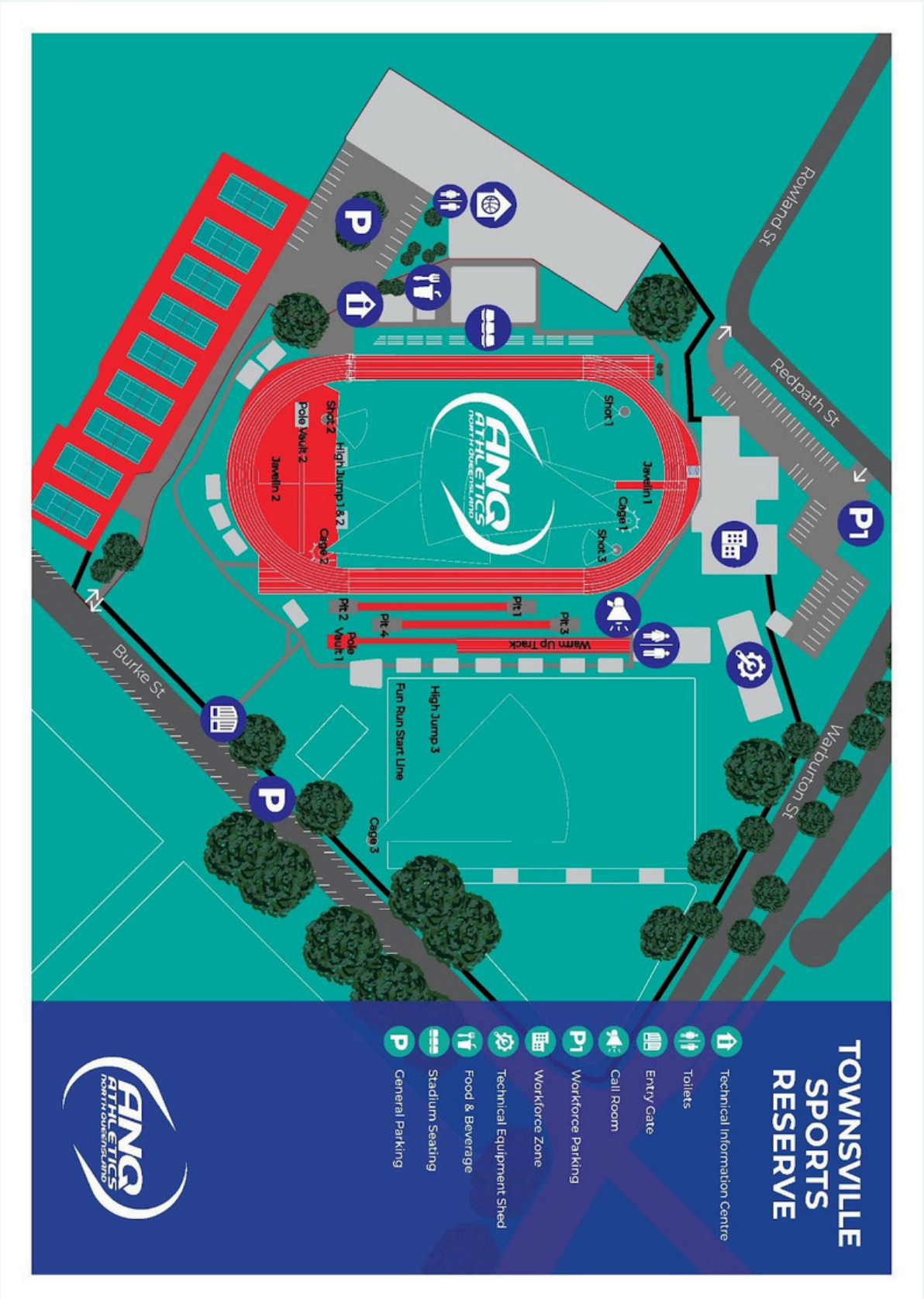
COMPETITION BOOKLET — JULY 2024

# THE NORTH QUEENSLAND CHAMPIONSHIPS 2024

TOWNSVILLE - QLD | SEPTEMBER 27-29



# VENUE MAP



# CHAMPIONSHIP RULES

Events will commence at 10:00am Friday 27nd September and will finish at approximately 3.00pm Sunday 29th September 2024. Changes may be required to the timetable pending athlete entries. It is recommended athletes arrive at the venue at least 45 minutes prior to their event, to collect bibs, familiarise themselves with the event area, and warm-up.

The North Queensland Championships will be conducted according to the rules of World Athletics, World Para Athletics, World Athletics Australia, and Athletics North Queensland.

Age is actual age in years as of 31st December 2024. Master's Athletes (athletes over the age of 30) will compete in their age based on the 1st day of competition.

## **TECHNICAL INFORMATION CENTER**

The Technical Information Centre (TIC) will be open from 9:00 am Friday the 27th of September. The TIC is the building located behind the start line at the back of the ANQ office.

## **TIMETABLE**

A Draft timetable is available on the ANQ website. The timetable is subject to change when registrations are finalised in September. The Final timetable will be available on the ANQ website and will be sent out to all competitors 4 days out from the start of the competition. Timed finals maybe held at the discretion of the Competition Director

## **PARA ATHLETES**

Para-Athletes that supply a classification, who are 10 years and older enter in their own age division.

The North Queensland Championships will also include Frame Running. Athletes with a Frame Running classification are able to compete in the 60m and 100m.

# CHAMPIONSHIP RULES

## SCRATCHINGS

If an athlete fails to scratch (remove themselves) from an event after confirmation or does not compete in all rounds of an event for which s/he has nominated for, s/he may not be permitted to compete further as outlined in World Athletics Rule TR4.4. This ruling will be applied to all athletes above the age of 10. These forms can be collected at the TIC.

## COMPETITION BIBS

All athletes are required to wear their competition bib for the duration of the Championships. Each registered athlete will receive a set of bibs with their surname on it, that can be collected from the Technical Information Centre at the venue. The competition bibs used by competitors for these Championships must be worn on the front and back of your competition uniform, except in the Jumping Events, where one bib may be worn on the front of the torso or back only, so the entire number and sponsorship information can be easily read. No part of the number shall be folded under the uniform. Athletics North Queensland will enforce World Athletics rule TR5.7, which renders an athlete liable to disqualification if s/he tampers in any way with the competition bib.



# CHAMPIONSHIP RULES

## UNIFORMS

All club athletes must wear the Club uniform that they are competing under. School Base Members and athletes from outside of the ANQ region are permitted to wear a uniform that is approved/used at their equivalent State Championships. No unauthorised advertising may be worn. Any athlete who wears non-permitted advertising (ie. other than clothing manufacturer's logo or approved club sponsor logos) is not permitted. Please refer to World Athletics Ad regulations for further information.

## TIMETABLE

AA Draft timetable is available on the ANQ website. The timetable is subject to change when registrations are finalised in September. The Final timetable will be available on the ANQ website and will be sent out to all competitors 4 days out from the start of the competition. Timed finals may be held at the discretion of the Competition Director

## RELAYS

- U16 – 4 x 100m Relays Men, Women, Mixed Relay: 2 males & 2 females (will accept 1 male & 3 females)
- Opens- 4 x 100m Relays Men, Women, Mixed Relay: 2 males & 2 females (will accept 1 male & 3 females)
- Opens- 4 x 400m Relays Men, Women, Mixed Relay: 2 males & 2 females (will accept 1 male & 3 females)

Teams can only be comprised of the same gender with the minimum age of 12yrs, following World Athletics Rules. Medals will be provided to all categories.

The relays will be held from 5:00pm on Saturday. Nominations for Relays close at 7pm on Day 1, 27th of September. Team Attire: This year, we encourage teams to dress up uniformly.

# CHAMPIONSHIP RULES

## MULTICLASS EVENTS

Para-Athlete that supply a classification, who are 10 years and above enter in own age division. MSD Charts will be used at these championships to determine the placings. All para-athletes will be competing with the U18 Female event slots. The NQ Championships also include the T71/T72 classifications that can compete in 60m and 100m. Athletes in this classification, for medal purposes, will compete in their age with other para athletes.

## CALL ROOM PROCEDURES

Athletes must report to the Call Room no less than 15 minutes before the scheduled starting time of their TRACK event to advise their intention to compete. The Call Room will be located in the Sheds, located on the back straight by the 200m start. Athletes can access the Call Room from the rear of the building. Athletes must report to their field event not less than 15 minutes before the scheduled starting time for their FIELD event to advise their intention to compete. Athletes should be at the event site 30-60 minutes before the event start time for warm up. Failure to comply with this Rule may result in the athlete being scratched from that event

## START RULE

World Athletics Rule TR16 will apply in full for all competitions conducted under the jurisdictions of ANQ, with the following dispensation: In the case of any competition (or part thereof) conducted exclusively for athletes competing in the under 14 age group and younger, Rules TR16, 16.6-7.2 and TR16, 16.8 shall be applied.

Athletes 14 to Open will compete under the No False Start rule.

# CHAMPIONSHIP RULES

## PROGRESSIONS

AGE	INDIVIDUAL FIELD EVENTS	HIGH JUMP	TRACK
4 – 7 Years	3 trials each	N/A	Timed Finals
8 – 9Years	3 trials each	Scissor mats	Timed Finals
10-11 Years	4 trials each	Scissor mats	Timed Finals
12–17 Years, Masters	3 trials each with top 8 going into 1 extra round (4 in total)	Normal	Heats will be run where there are more than 8 athletes entered in each age group/gender for the 100m, 200m, 400m and short hurdles.
18 – 19 Years, Open	3 trials each with top 8 going into 3 extra round (6 in total)	Normal	Heats will be run where there are more than 8 athletes entered in each age group/gender for the 100m, 200m, 400m and short hurdles.

Athletes, who will be using a heavier implement weight for 2025 National Championships are permitted to 2 extra throws of the heavier implements at the conclusion of their event. These extra trials will not go towards any medals, records or final placings, these trials will be classed as exhibition throws. Scissor mats for the younger age groups then flop mats for the older age group.

## PRIVATE IMPLEMENTS

Athletes who wish to include their own throwing implements in the Championships equipment pool (private implements may be used by any athlete in the competition) must lodge them with the Technical Manager at the Technical Equipment Room, no later than three hours before the scheduled starting time of the particular event on the day of competition or on a previous day. The implements will be impounded until after the competition when athletes may collect them from the Technical Equipment Room. A list of implements offer at these Championships can be viewed below.

# CHAMPIONSHIP RULES

## CROUCH STARTS AND BLOCKS

Athletes aged 14 to opens must crouch start in all events up to and including 400m.

Starting blocks are optional and athletes use blocks provided by the competition.

Athletes in the masters age categories have the choice of doing crouch starts, three-point starts and standing starts.

## RECREATIONAL RUNNING ATHLETES

Members of Recreational Running and QRun members are limited to track events of 800m or greater and are not eligible to enter any field events unless they have a base or track & field club membership.

## MEDAL PRESENTATION

There are no placing medals awarded to Athletes 9 Years and under. Instead, these athletes will receive a participation medal and certificate during a special ceremony held on Saturday after the kids relays (1:30pm) under the tree at the finish line.

Athletes 10 years and above will be handed medals for the top 3 finishers on the field events where they will receive them out on the field. Track athlete can collect theirs at Post Event under the tree at the finish line. A Podium will be at post event for athletes to take photos on.

## EXIT FROM THE FIELD OF PLAY

All track athletes must leave the Field of Play through allocated areas. Officials will direct athletes to this area. Field athletes can leave the event through the exits provided. Athletes will need to stay at the event until the official has deemed the event complete.



# CHAMPIONSHIP RULES

## PROTESTS AND APPEALS TO THE JURY

Protests should be given verbally to the event referee, and within 30 minutes of the event being conducted, the appeals forms submitted to TIC. Forms can be collected from TIC.

Appeals against the referee's decision should be lodged in writing, accompanied by the nominated sum of \$50. If the appeal is unsuccessful the money is forfeited.

## SPIKES AND SHOES

EVENTS	MAXIMUM SPIKE SIZE	TYPE
Track Events	7mm	Christmas tree, inverted Christmas tree, Short/long Pyramid
Long & Triple Jumps	7mm	Christmas tree, inverted Christmas tree, Short/long Pyramid, Jump
High Jump & Javelin	9mm for heel	Christmas tree, inverted Christmas tree, Short/long Pyramid, jump

Spikes may be worn by athletes 10 and up. Athletes aged 10 to 11 can only wear spikes in laned events. Athletes 12 plus can wear spikes in any event other than discus, hammer and shot put. Please refer to the chart and image below for more information. All Athletes must wear closed in shoes in all throwing events. As the event is a national permit meet all U20 and Open athletes need to follow the World Athletics Shoe Regulations. If not followed athletes may be disqualified or removed from the event if the regulations aren't met. This is the responsibility of the athletes to ensure they meet the latest regulations. The current regulations can be found [here](#).

# CHAMPIONSHIP RULES

## AGE LIMITATIONS AND IMPLEMENT SPECIFICATIONS

This Championships will follow the ANQ's Age limitations and Implement Specifications. A copy of this can be found [here](#). Athletes aged 14 and over may compete in their own age group and the open category. Athletes, who are aiming to compete in a hurdle event for the 2024 National Championships, where their hurdle height/distance has increased, can apply to ANQ to compete up an age group.

Automatic qualification

## WARM UP – TRACK ACCESS

Athletes are permitted to warm up on the back straight before their track event. Athletes can only access this area by the Field Entry and Warm Up Gate, and at times are required to follow the directions of officials, especially when circular track events and Hammer are on. Coaches and spectators are not permitted access to this area.

## QUALIFICATIONS- NATIONAL ALL SCHOOLS

The top two performances from North Queensland School based athletes, who compete in their age group as of the 31/12/2024 will qualify them for the 2024 Australian All Schools Championships - Brisbane, competing in their age group as of the 31 December 2024. This applies to ANQ registered athletes who compete between the ages of U14 years – U18 i.e. 12 to 17. Athletes who compete in the U14 and U18 will receive a qualification based on their age NOT their event division. E.g. four athletes will receive an qualification in the U18 age division (2 x 16 years of age, 2 x 17 years of age). More details about the team can be found by clicking [here](#).

# CHAMPIONSHIP RULES

## QUALIFICATIONS- 2025 NATIONAL CHAMPIONSHIPS

The top 2 performances from ANQ registered athletes (Excluding ANQ Base Members), who compete in their age group as of the 31/12/2024 will automatically qualify them for the 2025 Australian Championships, competing in their age group as of the 31 December 2025.

This applies to ANQ registered athletes who compete between the ages of 11 years – Open. This does not include Combined Events. Athletes' vertical jumps starting heights and triple jump take-off boards that Athletics Australia advise should be taken into account when athletes are considering using this method of entry qualification.

Athletes who compete in the U20, U18 and U16 will receive automatic qualification based on their age NOT their event division. E.g. Four athletes will receive an automatic qualification in the U18 age division (2 x 16 years of age, 2 x 17 years of age). Non-ANQ registered athletes should contact their State Athletic Association for their qualification standards for the 2025 Australian Championships. Athletes who meet the entry standards for the 2025 National Championships at this event can also qualify.

The 2025 Australian National Championships is being held in Perth on the 4th-13th of April.

# HISTORY OF MEMORIAL TROPHIES

## HECTOR HOGAN - Men's Memorial 100-yard race

When balding Queenslander Hec Hogan almost won the 100 metres track sprint gold medal at the 1956 Olympic Games it seemed that his days of glory were about to commence. Hogan, the first Australian since John Treloar (Helsinki 1952) to reach the 100 metres final and the first Australian to win a medal in the short sprint, had proven his string of Australian titles and records were not flukes. Tragically, only 4 years later, he was dead from leukaemia, the effects of which had actually begun to show at the 1956 Melbourne Olympics.

Hogan who had earned the nickname of "hustling Hec" because of his blistering starts and powerful style, first won the Australian 100 yards in 1952, the first of seven Championships wins over this distance. That success earned him selection in the team for the 1954 Vancouver Empire Games. Before the games he won the 100 yards and 220 yards championships, added the national Long Jump title and ran the last leg in Queensland 4 x 110-yard relay team, which won the Australian Titles. Unfortunately, Hogan pulled a leg muscle while training in the United States before the games and at Vancouver struggled to 3rd in the 100 yards and 5th in the 220 yards, and helped Australia to bronze in the 4 x 110 yard relay.



In 1954 Hogan equalled both the World 100 yards record of 9.3 sec and the World 100 metres record of 10.2 giving him confidence going into the 1956 Melbourne Olympics. He almost stole the show in the 100 metres final, bursting from the blocks to lead Americans Bob Morrow and Thane Baker through 50 metres, only to surrender the lead to Morrow with 15 metres to run, and then be pipped by Baker for 2nd place as they lunged for the tape. Hogan also competed in the 200 metres, not his best distance, and was eliminated in the second round. He also ran in the 4 x 100 metres relay team which won its heat in a fast time but was run out in the semi final. Hogan never competed in another Olympic Games but represented Australia in the 1958 Commonwealth Games at Cardiff. It was evident Hogan was under strain though he never admitted to illness. Well below form, he failed to qualify for the final of the 100 yards but helped Australia win a bronze medal in the 4 x 110 yard relay. The following year Hogan visibly deteriorated but carried on as though he was suffering from a common cold, never disclosing what he already suspected. When he failed to qualify for the final in the 1959 Australian 100 yard championship, an event he had won for the past 7 years, he announced his retirement.

Hogan moved to Bowen in North Queensland where he became a publican. It was while living in Bowen that he was enticed out of retirement to run in a competition in Townsville. Hogan ran third over the 100 yards being beaten by local athletes Gerald Edgley and Ray Whyte. It was to be his last competition.

In early 1960 he was admitted to hospital suffering from leukaemia and died in September as the Olympic Games were being held in Rome. Athletics North Queensland recognises and honours Hector Hogan's achievements each year by conducting the Men's Hector Hogan Memorial 100-yard race.

# HISTORY OF MEMORIAL TROPHIES

## **JOHN CAMPBELL MILES - Women's Memorial 100-yard race**

In 1923, a lone, quiet and unassuming prospector John Campbell Miles, while traveling with his horse "Hard Times" on a gold prospecting trip to the Northern Territory camped by the banks of the Leichhardt River.

Sampling a nearby rock outcrop, he realised that it was heavily mineralised. Campbell Miles had stumbled on to one of the world's richest copper, silver, lead and zinc ore bodies. He decided to call his discovery "Mount Isa" after the stories he had heard of the Mount Ida goldfield in Western Australia. Eighty-one years later, the Mount Isa Mine now owned by Xstrata is still one of Australia's largest producers of copper ore. Athletics North Queensland acknowledges John Campbell Miles and his place in North Queensland history with the Women's 100 Yard John Campbell Miles race.



## **JOHN GAVIGLIO - Most Outstanding Achievement in a Throws Event**

The athletics' community and indeed all of North Queensland lost a respected community worker and dear friend with the passing of Ayr solicitor, John Gaviglio, aged 53 in May 2000. John Gaviglio was born in Mackay in 1946, the son of Tekowai canefarmers Jim and Angela Gaviglio. After being articled to Mackay firm Barron and Allen, he joined Groves and Clark at Ayr, becoming a partner with the late Frank Clark and Ian Macdonald in 1972. In 1979 he received the award of Jaycee of the local chapter, Jaycee of Queensland and Jaycee of Australia.

In 1980 on behalf of the local chapter he received the international award for the Most Innovative Invention – a glass-crushing machine for recycling. He maintained a commitment to the Catholic faith contributing to Catholic education in the Lower Burdekin. Following the interest of his son Christopher in athletics, John became involved in the administration of the sport and officiated in hundreds of competitions. John officiated at numerous regional, State, Grand Prix, national and international events (Arafura, World Masters, World Juniors) - his particular interest area was in the throwing events. When John wasn't officiating, and often when he was, he always had time to assist an athlete with their technique and was a great motivator to many of our young northern athletes. John made an enormous contribution to the administration of athletics in North Queensland and was a Director on the Board until just one month prior to his death. Throughout John's commitment to the sport he had a strong connection with the Ross River Athletic Club where he was rewarded with Life Membership.

John was looking forward to attending the Sydney Olympics and the Paralympics as a Throws' Judge. John wasn't able to attend the Olympics, but each of us who were planning to attend the Games with John knew that he was our special light for those weeks in 2000. John's presence both on and off the field was sadly missed - he was a tireless worker for athletics and a special friend. Athletics North Queensland is proud to present in memory of John Gaviglio the Trophy to the Most Outstanding Achievement in a Throws Event conducted at the Athletics North Queensland Championships.

# HISTORY OF MEMORIAL TROPHIES

## **DONALD MCDOWELL - The Junior Boys and Girls Champion Athlete**

Don McDowell was a man who loved sport and was dedicated to sharing this love with young people. He was an outstanding athlete during his school years, representing his school in athletics and rugby league. Whilst he had a raw talent the level of coaching now available to young sportspeople was not commonplace in the Burdekin in his early years. In 1973 whilst on holidays in Tasmania Don discovered the world of professional running, and the value of athletics coaching. A few years later, after his marriage to Brenda, Don and Brenda packed up and moved to live near Davenport in north-west Tasmania, the heartland of the professional running circuit. Here he joined the 'stable' of Coach Ted Eagling. In the New Year Carnival in Burnie in 1979 he won the Maiden Handicap over a distance of 90 metres and was also a finalist in the Burnie Gift running off a handicap of 8  $\frac{3}{4}$  metres, placing 6th. Later in the year Don ran in the Tasmanian State

Championships and placed 3rd. He competed in competitions in St Helens, Ulverstone and Railton during the season. These races were over either 70 or 120 metres. In February of 1979 he won the prestigious Devonport Thousands (\$1,000 prize money not 1000 metres). He was off a handicap of 9 metres and won in 12.4 seconds.

Don went on to compete at Stawell, Victoria where he won his heat in the 70-metre event off 4  $\frac{3}{4}$  metres in a time of 7.7 seconds and was run out in the semi-final. The next season Don improved more and was making most finals including a win in the 200 metres at Burnie off 13 metres in 20.5 seconds. At the State Titles in January 1980 he improved on his earlier performance and placed second. Two weeks later Don made history by winning his second Tasmanian Thousand, the first time anyone has won from a 'second run off' - Don won in a time of 12.1 seconds.

In 1982, Don, Brenda and their two sons returned to North Queensland where Don set about sharing his experience with young athletes in the district. Don became involved in rugby league at junior, senior and international school level. Don's absolute passion was athletics and he set up camp at the Home Hill High School oval. Anyone from Ayr and Home Hill who wanted to train with him was welcome to join his after-school sessions. A number of his athletes went on to achieve recognition in various fields and represented Queensland and Australia in their chosen sports. He would regularly transport promising athletes to competitions and training in Townsville and in 1994 Don was recognised by the Burdekin Shire and awarded an Australia Day Award for his efforts in coaching and administration.

In 1990 Don started running as a veteran athlete at Ross River Athletic Club where some of his records still stand. Fondly nicknamed 'The Burdekin Duck Hunter' because if his starting gun he would officiate at club and interclub athletic meets. He had attained his Level One STFCA Certificate and had applied to commence his Level 2. Don was an asset not just to the Ross River Athletic Club but to athletics in North Queensland.

Sadly, whilst working on the family farm at Home Hill, Don was bitten by an Eastern Brown Snake. Due to complications Don passed away at the Townsville General Hospital the following day, 27th August 1995. Don will always be remembered for his services to sport, but in particular for the difference he made in so many young North Queensland lives. Athletics North Queensland acknowledges the enormous contribution that Don gave to athletes in this region and honours him with the Junior Boys and Girls Champion Athlete trophies.

# HISTORY OF MEMORIAL TROPHIES

## JEFFERY BUCHANAN - Men's 100 Metre Sprint

Jeff Buchanan grew up in various country regions in Queensland and was involved with running in Charleville where he won his first races. He went to boarding school in Toowoomba where he participated in all sports. He joined the PMG (Australia Post) in Longreach before joining the Navy at 18 and being sent to Vietnam. After the Navy, Jeff began his career as a sales representative in Victoria before moving to Townsville in 1980. Jeff loved his golf, but when his children took an interest in Athletics, that was the end of Golf, he was in for the long haul with his children.

Jeff Buchanan got started, as many of us did, as a parent with the local club. Jeff first joined Wulguru in 1985 and did the usual helping with events. He started his 'officials' exams when he was involved with Ross River Athletic Amateurs around 1989. After a couple of years of dabbling in officiating, Jeff decided he wanted to join the boys in Red and took up starting. He learnt a lot from Denis Frilingos and Jim Minehane and had a great deal of admiration for Don McDowell, these were the people who inspired him to get involved with the Start Crew – he figured that with blokes like this it wouldn't be a bad idea to be involved!

He was proud to have officiated at the World Veteran Championships in Brisbane in 2001, Paralympics training, Oceania, National Primary Schools, National Secondary Schools and the Arafura Games. But above all, he was proud to have made so many friends through his involvement with athletics. He was awarded Life Membership to Wulguru in 1996.

In 2003 Jeff discovered he had cancer, he didn't tell a lot of people and continued to officiate at local events. In December 2003 Jeff was selected to officiate at the Australian All Schools in Brisbane. It was evident at that time that Jeff was not well, but he chose not to burden others with his pain. Jeff continued on as if he would beat this terrible disease and when selections were made for the officials for the North Queensland Games at Easter in Cairns, Jeff, as usual was available. Jeff made the trip to Cairns, with his new gun in hand determined to go on the start crew. He did get to fire the gun, but that was the last time we would see Jeff on the track. Jeff was overcome by cancer, and on the 14th of May Jeff succumbed to the disease that was to cut his life short. Jeff, alongside his wife Bev, were and are, great supporters of Athletics in North Queensland and their presence on the track was always welcome. Jeff had a strong personality, and those of us who knew him well, knew that he didn't make comment unless it was necessary. Jeff was a great mentor to those around him and he has left many friends in the sport. His great disappointment would be that he wasn't on the Start Line at the 2004 Oceania Championships, but he would have been proud that his good friend, Denis Brazil was there to carry on the spirit.

Jeff leaves behind his loving family, Bev, Alison, Kate and Charles and together they have, with blessing of Athletics North Queensland, decided to sponsor the Men's 100 Metre Sprint event to be held at our North Queensland Championships. Jeff loved the track, but he especially loved the sprints – nothing better than the Men's 100 metres!

# HISTORY OF MEMORIAL TROPHIES

## JARROD BANNISTER - Best Javelin

The late Jarrod Bannister was a local Townsville boy, a member of North Star Athletic club, and was an outstanding talent in a number of sports in his youth. Ultimately, he was to dedicate his efforts to the Javelin where he competed at a World Class level for over ten years.

Jarrold's mark of 89.02m is the current Oceania record in javelin, set in Brisbane in 2008.

In 2010 he won gold for his performance at the Delhi Commonwealth Games. It was the highlight of the many occasions that Bannister represented Australia which also included the Melbourne Commonwealth Games in 2006 and Beijing Olympic Games in 2008, and the 2011 IAAF World Championships in Daegu, South Korea.

Like many of the javelin greats, Jarrod was very much his own man, he enjoyed life to the full, yet was ultimately focused on perfecting the skill of channelling his immense natural power into throwing the spear an unfathomable distance.



# AWARD TROPHIES

## **BENITA WILLIS 10.000m CLASSIC**

The Benita Willis Shield, named in honour of the esteemed Australian long-distance runner, from Mackay – North Queensland, Benita Willis, is a significant recognition of her remarkable achievements in the world of athletics. Renowned for her exceptional skills in the women's 5,000 meters and her three-time national championship titles in that event, Willis stands as a testament to unwavering dedication and excellence.

Notably, Willis secured a momentous gold medal in the long race at the 2004 IAAF World Cross Country Championships, underscoring her exceptional endurance and determination. Her contributions extended to team medals at the same prestigious event on two separate occasions, further solidifying her legacy on the international stage.



This newly introduced shield for the North Queensland Championships, while paying tribute to Benita Willis, serves an even broader purpose. It represents an esteemed award for both men and women competing in the 10,000 meters, reflecting Willis's dedication to long-distance running and her impact on the sport. By encompassing both genders, the trophy promotes equality and inclusivity in athletics, fostering a spirit of competition and camaraderie among athletes.

The Benita Willis Shield for the 10,000 meters stands as a testament to her enduring influence and the enduring legacy she has left on the world of sports. This shield is not only to honor her outstanding achievements but also serves as a source of inspiration for athletes, urging them to strive for greatness, surpass their limits, and add their own names in athletics history.

## **MULTICOM - Senior Male and Female**

The late Jarrod Bannister was a local Townsville boy, a member of North Star Athletic club, and was an outstanding talent in a number of sports in his youth. Ultimately, he was to dedicate his efforts to the Javelin where he competed at a World Class level for over ten years.

## **CHARLIE DOYLE - Middle Distance Male and Female**

The late Jarrod Bannister was a local Townsville boy, a member of North Star Athletic club, and was an outstanding talent in a number of sports in his youth. Ultimately, he was to dedicate his efforts to the Javelin where he competed at a World Class level for over ten years.